

Bells Bend Outdoor Center



September 2014 Schedule of Programs and Activi-

Bells Bend Outdoor Center 4187 Old Hickory Blvd. Nashville, TN 37218 (615) 862-4187 bellsbend@nashville.gov

The nature center is open Tuesdays through Friday from 12:00 noon to 4:00pm and Saturdays from 9:00am to 4:00pm

The following programs and activities are offered at the Bells Bend Outdoor Center. Almost all are free of charge, but advance registration may be required. Please call the center for more information on all programs and services.

Bells Bend Park is open 7 days a week, from dawn until dusk. Check out other parks and activities at:

<http://www.nashville.gov/Parks-and-Recreation.aspx>

Fall Wildflower Hike

Friday, Sept 5
10:00-11:30 am
Bells Bend
Outdoor Center

Age level: All ages
To register call:
(615) 862-4187

Develop some fall enthusiasm as we discover the diversity of late summer and early fall wildflowers.
Leader: LinnAnn Welch

10,000 Years of Bells Bend

Saturday, Sept 6
10:00-11:00 am
Bells Bend
Outdoor Center

Age level: All ages
To register call:
(615) 862-4187

Bells Bend director LinnAnn Welch takes us through a brief history of Bells Bend with slides and examples of artifacts from the area. Program part of TN Archaeology Awareness Month
Leader: LinnAnn Welch

Canoe & Kayak the Upper Duck River

Sunday, Sept 7
TBA
Bells Bend
Outdoor Center

Age level: 10+
To register call:
(615) 429-3549

Learn to canoe or kayak on the beautiful Upper Duck River. The trip is designed to introduce participants to canoeing or kayaking in a fun, safe, and scenic environment, \$25 per person. Email or call Neel Deshpande for more information, neel.deshpande@nashville.gov

Irrational Fears

Saturday, Sept 13
10:00-11:00 am
Bells Bend
Outdoor Center

Age level: All ages
To register call:
(615) 862-4187

Join Naturalist Jeremy Childs as he introduces us to some of our misunderstood neighbors such as ticks, siders, snakes, and opossums. This is a great opportunity to get to know these amazing creatures, and better understand the important roles they play in our daily lives.
Leader: Jeremy Childs

Night Hike

Friday, Sept 19
8:00-9:30 pm
Bells Bend
Outdoor Center

Age level: All ages
To register call:
(615) 862-4187

Come on out for a night hike at Bells Bend Park and see if you hear the call of the wild. We will look and listen for the animals of the night, You never know what we might hear. Leader : Chris Guerin

Monarch Butterfly

Saturday, Sept 20
10:00 am-12:00 pm
Bells Bend
Outdoor Center

Age level: 13+
To register call:
(615) 862-4187

Join us to learn about the life cycle and travels of Monarch Butterflies. After a brief chat we'll venture out and try to locate, capture and tag them.
Leader: Cyndi Routledge

Lets Ride	Saturday, Sept 20 9:30-11:00 am Bells Bend Outdoor Center	Age level: All ages To register call: (615) 862-4187	The trails are ready at Bells Bend Park, so let's ride. There are 1 to 1.5 miles of trail open now. This is for beginners so if you have never MTB before these are the trail for you. The park does have some bikes that can be checked out if you do not have one call to reserve. Leader Chris Guerin
Lets Ride	Friday, Sept 26 5:30-7:00 pm Bells Bend Outdoor Center	Age level: All ages To register call: (615) 862-4187	The trails are ready at Bells Bend Park, so let's ride. There are 1 to 1.5 miles of trail open now. This is for beginners so if you have never MTB before these are the trail for you. The park does have some bikes that can be checked out if you do not have one call to reserve. Leader Chris Guerin
Tennessee Ornithological Society Fall Bird	Saturday, Sept. 27 7:00 am Bells Bend Outdoor Center	Age level To register call: (615) 862-4187	Join TOS members for the annual fall bird count here at Bells Bend. Leaders: Cyndi and Steve Routledge

Metro Parks does not discriminate on the basis of age, race, sex, color, national origin, religion or disability in admission to, or operations of its programs, services or activities. For accessibility concerns, please call 615-862-8400.

Metropolitan Nashville Board of Parks and Recreation

P.O. Box 196340 Nashville, TN 37219

Tommy Lynch, Director

Karl Dean, Mayor

